

## **Phosphorous and vitamin B as problems on the dairy production**

**Authors:** Luis A. Chávez B. 1, Roxana Angelats M.2

1 BVM, Research and Experimental Design Assistant on Agrovet Market Animal Health

1 DVM, MsSA (c), Research and Experimental Design Chief on Agrovet Market Animal Health

Malnutrition refers to an incorrect use of nutrients and is accepted as one of the major constraints in the production of livestock (Radostis, 2002). Insufficient energy is very often responsible for low production. However, despite a correct energy management has been observed that it can result in deterioration in the production due to vitamin and mineral imbalances (McDowell, 1984).

Among the essential vitamin and mineral components during early lactation, we have phosphorus, folic acid (Vitamin B9) and cyanocobalamin (vitamin B12). Phosphorus is one of the most important minerals involved in cellular metabolism, a major component of adenosine triphosphate (ATP), major mineral on the bone and important buffer for the stability of pH on the organism (Medina, 2007). A lack of phosphorus would decrease milk production as a result of infertility, weight loss and depressed appetite (Van Niekerk, 1978). The Butafosfan, which is an organic phosphorus compound, can be a key element in correcting phosphorus deficiency. This was demonstrated by Nunes Corrêa (2009) and Kreipe (2011), who in applying Butafosfan with cobalamin in the postpartum period of dairy cows, obtained a reduction of non-esterified fatty acids and  $\beta$ -hydroxybutyrate in blood and increased daily milk production, respectively.

As for Vitamin B, although ruminal microorganisms synthesize it, its requirement fails to be covered because of the high demand for milk production (Weiss and Ferreira, 2006; Ragaller et al, 2008). Folic acid and cobalamin are necessary for the synthesis of DNA and RNA, and are also essential for the production of red blood cells, thus its deficiency may cause anemia (Merck, 2000), as well as problems in the synthesis of DNA fetus and placenta during pregnancy ( McNulty and McPartlin, 1993), along with a low milk production and poor milk composition (Graulet et al, 2007). It is important to consider that the administration of folic acid in the diet often fails to meet the requirements of animals, given their low availability after the ruminal passage (Regaller et al, 2008).

In the production of dairy cows, pregnancy and lactation are concomitant during many months a year, so avoid a progressive deficiency of folic acid and its derivatives (folate) should be a priority (Ragaller et al, 2008). We should note also that folates are involved in the remethylation of homocysteine to methionine, an essential part of the methylation cycle. This reaction is, in turn, dependent on the cobalamin, since the enzyme methionine synthase requires vitamin B12. Given that methionine is the main amino acid limiting factor for milk production, supplementation with these components is essential for dairy cattle (Fenderson and Bergen, 1975), especially during the early lactation (Scott, 1999; Ragaller et al, 2008; Preynat et al, 2008).

Thus, supplementation with phosphorus, folic acid and cobalamin in cattle is of importance to maintain milk production in a continuous line without significant deficiencies and at the same time comply with the requirements of animal welfare. It should be noted that folic acid supplementation should always be done with cobalamin, because they are interdependent in many metabolic processes essential for milk production.

## **References**

- Fenderson C.L. and Bergen W.G. (1975) Journal of Animal Science 41, 1759-1766
- Graulet B, Matte J J, Desrochers A, Doepe L, Palin M.-F, Girard C. L. 2007. Effects of Dietary Supplements of Folic Acid and Vitamin B12 on Metabolism of Dairy Cows in Early Lactation. J. Dairy Sci. 90:3442-3455.
- Kreipe L, Deniz A, Bruckmaier RM, van Dorland H.A. 2011. First report about the mode of action of combined butafosfan and cyanocobalamin on hepatic metabolism in nonketotic early lactating cows. J Dairy Sci. 2011 Oct;94(10):4904-14.
- McDowell LR, Conrad JH, Ellis GL, Loosli JK. 1984. Minerales para ruminantes en pastoreo en regiones tropicales. Departamento de ciencia animal y centro de agricultural tropical, Univeridad de Florida, Gainesville, Agencia de los Estados Unidos para el Desarrollo Internacional. p 91.

- **McNulty H, McPartlin JM, Weir DG & Scott JM.** 1993. Folate catabolism is increased during pregnancy in rats. *J Nutr* 123:1089–1093.
- **Medina M.** 2007. Hipofosfatemia. Universidad Nacional Autónoma de México – Facultad de Medicina Veterinaria y Zootecnia. Departamento de reproducción. En: Clínica de los Bovinos I. México. p 4.
- **Nunes M, Alves M, Montagner P, Silva PA, Rohrig V, Schneider A, Machado LF, Burkert FA, Bianchi I, Pulga ME.** 2011. Effects of administration Butafosfan and cyanocobalamine combination after calving on metabolic and production parameter of dairy cows in early postpartum.
- **Preynat A, Lapierre H, Thivierge MC, Palin MF, Matte JJ, Desrochers A, Girard CL.** 2008. Effects of supplements of folic acid, vitamin B12, and rumen-protected methionine on whole body metabolism of methionine and glucose in lactating dairy cows. *J. Dairy Sci.* 92:677–689
- **Preynat A, Lapierre H, Thivierge MC, Palin MF, Matte JJ, Desrochers A, Girard CL.** 2008. Effects of supplementary folic acid and vitamin B12 on hepatic metabolism of dairy cows according to methionine supply. *J. Dairy Sci.* 93:2130–2142
- **Ragaller V, Hüther L, Lebzien P.** 2009. Folic acid in ruminant nutrition: a review. *British Journal of Nutrition.* 101, 153-164.
- **Radostis OM, Gay CC, Blood DC, Hinchclift.** 2002. Tratado de las enfermedades del Ganado bovino, ovino, porcino, caprino y equino. p 2115.
- **Van Niekerk BDH.** 1978. Limiting nutrients: Their identification and supplementations in grazing ruminants. P 194-200. J.H. Conrad and LR McDowell (eds), Proc. Latin American Symposium on Mineral Nutrition Research with Grazing Rumants, University of Florida, Gainesville.
- **Weiss W & Ferreira G.** 2006. Water soluble vitamins for dairy cattle. In Proceedings of the 2006 Tri-State Dairy Nutrition Conference, Fort Wayne, Indiana, USA, 25–26 April 2006, pp. 51–63. <http://tristatedairy.osu.edu/Weiss.pdf>